

M O S T – discussion outline
A.C.T. Bridge Program

1. There are three main characters in this story. Who are they?
2. Were you moved by the story? If so, describe one moment in the story in which you felt particularly moved.
3. Describe the relationship between the father and the son. How is their relationship different from all other relationships in the story?
4. What was the conflict in the story? How was it resolved? What is the significance of the title, MOST (which means “Bridge”)?
5. Which passenger did you most relate to on the train? Or which character did you most identify with? Why?
6. How was the troubled woman’s life transformed by the pain reflected on the father’s face?
7. Would you lay down your life for a friend, a family member, a stranger? Do you know of anyone who would give up their life to save yours?
8. If you had to sacrifice someone you love to save a stranger, how would you feel if the stranger denied that the sacrifice was ever made?
9. In the last scene of the film, the father experienced a moment of hope from the death of his son. Do you think that there is some form of hope offered after death?
10. In what area of your life do you desire transformation?
11. What do you think of when you hear the words “*new dreams*”, “*new life?*”